YOUNG PEOPLE'S OUTCOMES RECORD (SECURE SETTING) CDS-							CDS-Q			
Office for Health CLIENT REF		KEYWORKER		** DOB						
	rovement isparities SEX M	F	INITIAL RECE	PTION -	]		DATE			
	To be complete	ed within 2 v	veeks of initial	reception	n by the k	eywork	er with	the client		
Jse 'N/A	only if the client does not disclose information or d How many days during the 28 days prior to arrival in the sec		Number of days us	ed in	Amount i	isad on an		Age when	euhetanco	
)E	used any of these substances? On an average using day, how much did you use/ drink? How old were you when you first used these substances?		the 28 days prior to		Amount used on an average using day			first u		
	A. Cannabis  B. Alcohol			0-28		GRAN	=			
	C. Tobacco/nicotine			0-28		UNIT	is j			
	D. Opiates (Illicit)			0-28			**			
	E. Crack			0-28			**			
	F. Cocaine		0-28		**					
E U	G. Ecstasy			0-28			**			
SUBSTANCE USE	H. Amphetamines			0-28			**			
	I. Solvents			0-28			**			
	J. Ketamine			0-28			**			
	K. GHB			0-28			**			
	L. Psychoactive Substances			0-28			**			
	M. Tranquilisers			0-28			**			
	N. Other substance 1 Specify:			0-28			**		**	
	O. Other substance 2 Specify: P. Other substance 3 Specify:			0-28			**		**	
	1. Other substance 5 opecity.			0-28						
RISK BEHAVIOUR	A. Alcohol use  B. Ever injected  C. Injecting	es prior to arrival i units (male) or m ng episode? er injected a subs you injected a sub secure estate?	ore than 6 เ stance?	units (fema	le) during	j a	Yes Yes Yes	No No No		
	Tick YES or NO to the following questions									
JSE		A. During the 28 days prior to arrival, did you  B. During the 28 days prior to arrival, did you use any								
OF	On a weekday, during the daytim	ie Yes (	No	On a week	day, during	g the day	time	Yes	No	
RNS	On a weekday, during the evening Yes		No On a weekday, during the ever				ning			
PATTERNS OF USE	On a weekend, during the daytim	ne Yes	No 🗌	On a week	end, durin	g the day	time	Yes 🔲	No 🗌	
	On a weekend, during the evening Yes		No On a weekend, during the even			ning	Yes	No _		
	On your own Yes		No On your own				Yes	No		
	How do you feel about your life? Think about how yo	ou feel at the moment.	On the scale circle the scor	e that is true for yo	ou					
HEALTH AND WELLBEING	A. Overall, how satisfied are you	with your life	•	0 1	2 3	4	5 6	7 8		
	B. Overall, how anxious did you feel yesterday		?	ot at all satisfied  0 1  ot at all anxious	2 3	4	5 6	7 8	extremely satisfied  9 10  extremely anxious	
	C. Overall, how happy did you feel yesterday?			0 1 L L	2 3	4	5 6	7 8		
	D. Overall, how well do you get on with your fa		mily?	0 1	2 3	4	5 6	7 8		
	E. Overall, how well do you get on with your fri		ends?	0 1	2 3	4	5 6	7 8		
	F. Unsuitable housing Housing situation that is likely to have a negative impact on health and Yes No									

<sup>\*\*</sup> Not submitted to NDTMS. For quantity use whichever measurements you find most useful for that substance.



## WHEN AND HOW TO COMPLETE THE YOUNG PEOPLE'S OUTCOMES RECORD (YPOR)

Complete the outcomes record within 2 weeks of a young person's arrival in the secure setting from the community. Focus on the 28 days before the young person's arrival in the secure estate. Ideally the YPOR should be completed at the first assessment by a substance misuse worker. This provides a baseline record of behaviour in the month leading up to arrival. If the YPOR is completed after the young person has started treatment it should still focus on the 28 days before entering the secure estate.

Start by entering the details of the young person and keyworker, and the date on which the form is being completed. The young person and keyworker should then complete this form together. There are 5 kinds of questions:

- (1) Days the number of using days in the 28 days prior to arrival in the secure estate. Use an event-based calendar with the young person to improve recall, but only record the total here.
- (2) Quantity the amount used on an average using day.
- (3) Age the age (in years) the young person first used the substance, whether or not this was first problematic use. Round down to get a whole number: for example, if the young person was 14 and a half, record the age as 14.
- (4) Yes and no a simple tick for yes or no.
- (5) Ratings scale an 11-point scale from poor to good. Together with the young person mark the scale at an appropriate place.

All information from the YPOR will be collected and reported to the same standards of confidentiality and security as other information collected during treatment.

For more details, see the consent and confidentiality toolkit issued as part of the core dataset documentation.

## Ounces to grams converter

Ounces	Grams
One ounce	28
Half an ounce (½)	14
Quarter of an ounce (1/4)	7
Eighth of an ounce (%)	3.5
Sixteenth of an ounce (1/16)	1.8

## Alcohol units converter

Drink	%ABV	Units
Pint ordinary strength lager, beer or cider	3.5	2
Pint strong lager, beer or cider	5	3
440ml can ordinary strength lager	3.5	1.5
440ml can strong lager, beer or cider	5	2
440ml can super strength lager or cider	9	4
1 litre bottle ordinary strength cider	5	5
1 litre bottle strong cider	9	9

Drink	%ABV	Units
Glass of wine (175ml)	12	2
Large glass of wine (250ml)	12	3
Bottle of wine (750ml)	12	9
Single measure of spirits (25ml)	40	1
Bottle of spirits (750ml)	40	30
275ml bottle alcopops	5	1.5